

# LITTLE LADY

Sandrine Lafond



Photo: Gaelan Beatty

"She is a little bit ET, a little bit Pina Bausch and little bit Sid from the Ice Age movies"

*Calgary Herald*

LITTLELADY.ORG  
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**The transformation of Cirque Du Soleil and Celine Dion dancer to performer generated theater artist is mirrored in this dark, comic and at times grotesque fable about our modern day obsession with self- image. The exquisite movement skills of Lafond juxtaposed with the world of distortion and manipulation accentuates LITTLE LADY’s tormented and blissful metamorphosis.**

LITTLE LADY is a one-woman show, a comedy inspired by years of living in Las Vegas with the glamorous fake life and the beautiful emptiness of the desert. Confined in a scientific laboratory where the audience members are the doctors, Little Lady undergoes plastic surgery, gets addicted to medication, becomes a Pavlov's dog, and learns through TV programs what our society is all about. Physical theater, dance, clown, jester, contortion and mime are mixed together to offer a moment of great humanity.

Since 2012 the show has been performed in the United States and Canada. It was awarded the **“Favorite Festival Award”** at the Frigid Festival in New York and the **“Most Daring Show Award”** at the Fringe Festival in London, Ont. It got raving reviews, amazing feed back, sold out shows and was “Held over” in NY and “Best of Fest” in Ottawa.

It is designed to appeal to audiences of all ages.  
With no text it can be appreciated in countries worldwide.

## PRESS CLIPPINGS



Photo: Gaelan Beatty

5 STARS *Winnipeg Free Press*

4 STARS *CBC Manitoba*

4 STARS *Production Ottawa*

4 STARS *Edmonton Journal*

4 STARS *Vueweekly Edmonton*

“Lafond is a gigantically talented movement artist”  
 “Lafond’s supreme dance, clowning and contortionist skills”  
*Backstage, NY*

“Lafond... is engaging and warm. Her clowning abilities are very strong and the piece is very polished”  
*Nytheater.com*

“A unique experience”, “Utterly fascinating”  
*Ink 19, Orlando*

“Undoubtedly unique”  
*Orlando Weekly*

“Big talent for Little Lady”, “Little lady big hit”  
*London Free Press*

“Her metamorphic personalities delivered a myriad of emotions: pain, happiness, excitement, sexiness and astonishment”  
*The Beat Magazine London*

“This artist, gifted with a remarkable talent and daring nature puts together a show to be remembered. Combining the power of imagination, dance, and acting, she created an inventive and challenging performance. Vibrant, funny, artistic and unique”  
*Capital critic circle, Ottawa*

“Her performance is an achievement in the combination of artistic expression and physical ability”  
*Edmonton Sun*

“I think everyone could fall in love with little lady”  
*CFUV Victoria*

“Benjamin Button-esque reversed aging process... Edie Beale from Grey Gardens”  
*Martlet.ca Victoria*

“This is a show unlike anything you have seen before- a wordless combination of physical theater/comedy, grotesque clown/ bouffon and dance that just may transform you”  
*Plankmagazine.com*

## THE TEAM BEHIND LITTLE LADY



Photo: Gaelan Beatty

Creator/Interpret	SANDRINE LAFOND
Director	JOHN TURNER
Creative Consultant	MIRIAM CUSSON
Composer	YVES FRULLA
Video/ Photography	PAOLO A.SANTOS
Costume	MARIE-LAURE LARRIEU NELLY ROGERSON
Make up	ELISABETH LEHOUX
Props	JEAN-SEBASTIEN GAGNON
Rewriting/Translation	ANICK CHARTIER

**SANDRINE** danced with Cirque du Soleil, Celine Dion, Marie Chouinard, Philippe Decoufle to name just a few. After studying Butoh with Min Tanaka and clown with John Turner, Francine Cote and bouffon with Karen Hines she gave life to the character "Little Lady". Sandrine performed her show "Little Lady" across the United States and Canada and is now creating a new show as well as new videos with her character. [www.sandrinelafond.com](http://www.sandrinelafond.com) [www.littlelady.org](http://www.littlelady.org)

**JOHN** is a Performer/Clown/Teacher/Director/Creator. He is the Artistic Director of The Manitoulin Conservatory for Creation and Performance, a unique facility for research, training, creation and performance in all areas of the performing arts. He is also the Co-Artistic Director and the "Smoot" half of Mump & Smoot, the award-winning clown duo that have been a hit in major regional theatres from coast to coast for the past 25 years. [www.manitoulinconservatory.com](http://www.manitoulinconservatory.com) [www.mumpandsmoot.com](http://www.mumpandsmoot.com)

**MIRIAM** is an actor, writer and director. She is presently Co-Artistic Director of Les Productions Roches brûlées, Literary Advisor for Les Éditions Prise de parole. She is also Associate Artistic Director of the Manitoulin Conservatory for Creation and Performance.

**PAOLO** is a filmmaker who created video projections for Celine Dion, Le Capitole de Quebec, Festival International de Nouvelle Danse, Encore Dance Festival and Inhabitants Project to name a few. He has also produced numerous show reels for performers from Cirque du Soleil, as well as music videos for Canadian and Parisian song artists. [www.pa3sfoto.com](http://www.pa3sfoto.com)

A versatile musician with a background in classical piano, **YVES** has been working as a keyboard player for Celine Dion for the last 23 years touring with her worldwide. He has also travelled extensively with renowned Canadian artists like Sass Jordan, Julie Masses, Sylvain Cossette, Laurence Jalbert and Claude Dubois. [myspace.com/yvesfrulla](https://myspace.com/yvesfrulla)

**MARIE-LAURE** Born in France, Laure has been living in Montréal for the past 10 years. She is the fashion show Make-Up Designer for Matrix, Redken and, L'Oréal. She also worked in costuming for Club Med and in film productions such as Funky Town, Fatal Bazooka and Lac Mystère.

Born in Montreal, **ELISABETH** discovered the art of makeup while she was a student in Art and Visual Communication at the University of Quebec in Montreal. She had the chance to study with great masters, who taught her the essence of her art and has not stopped working for the past 15 years. Her passion and her talent bring her to create and give life to faces for many characters for the Special Events at Cirque du Soleil as well as for independent artists around the world.

**NELLY'S** career in costuming started during her college years when she did an internship at Western Costume Co in Hollywood. Then she headed the costume department at Six Flags Magic Mountain. After moving to Las Vegas, she worked with Celine Dion, Elton John, Bette Middler, Rod Stewart, Cher, Janet Jackson, Mariah Carey and many others.

**JEAN-SÉBASTIEN** joined Cirque du Soleil's Props forces and became the strategic link for more than 16 shows worldwide. He developed the new Stage Props for Kooza, which he then toured with for over 2 years. He repeated the experience with Totem, a much heavier production. Jean-Sébastien was born in Sherbrook, Canada.

Bachelor in Translation from the University of Montréal, **ANICK** started her career in various translation offices in Montréal. She then oriented her career towards Marketing, producing first the souvenir programs for Cirque du Soleil and then coordinating the marketing activities for the Casting Department in the same company. Now in Las Vegas, Anick has rekindled her original passion, teaching French, translating and rewriting for various private clients.

